



"Healthcare with a hometown touch"

1016 E Roosevelt, Grants, NM
cibolahospital.com

BEHAVIORAL HEALTH WORKSHOP



Cibola General Hospital
Tues. February 20th, 2024
Community Room - 6PM-7PM

PRESENTATION ON DEPRESSION

This public in-person workshop will explore an approach to understanding the experience of depression to learn practical skills for building motivation and setting realistic goals for supporting those living with depression.

This workshop is free of cost, and registration is optional: <https://form.jotform.com/240245998359168>



Or **SCAN QR CODE**
TO REGISTER